Amrutha Varshini

An anthology of essays

Dr. Amrutha Latha

Translated by Maheshwari Sanakkayala



AMRUTHA VARSHINI OF THOUGHTS



Chintapatla Sudershan Writer, Translator & Columnist

You just begin to read, you don't leave it until it is finished. What a flow of prose! Generally the life of editorials is very short, limited to the time they are penned. But, these editorials of 'Amruth Kiran' establish a novel genre in the writing of prose.

Sometimes they remind us of the 'musings' of Gudipati Venkata Chalam, a doyen of Telugu prose. The difference is the reflections of Chalam are lengthy while Dr. Amrutha Latha's contemplation is limited to a single point that instantly influences.

The readers are left stupefied with the brevity and the brisk movement of the flow of words in all the artistic prosaic pieces. There is no deliberate architectonics in these writings. No particular skill is employed. They seem to be unpremeditated thoughts, current of words, so touching, so natural and above all so simple.

It is imperative that we follow the 'tone' of the writer who takes us along with her holding our little finger. It is possible only to a person with a sea like experience of life and a personality that grows into such a fruitful tree with vast interaction with people especially with involvement in carving out the future citizens.

Our journey begins with the 'Compliment' and ends up with the 45th mile stone 'Respect'. In between these banks a stream of ideas pregnant with fact flows on and on. In all these, the social transactions are analysed as a basis for understanding human behaviour. The facts guide the readers towards a radiant and practical life with a positive approach which shatters wrong conceptions and the routine way of seeing the things.

Every article has something or the other to establish. The 'Compliment' converses about the accomplishment of the word 'compliment', the 'Time Sense' articulates the sensitivity of time and warns those who waste the time of others. 'Expressing thoughts' throws light on minding every word we speak and convinces us not to hurt someone by our lengthy oration. The strength of encouragement transforms a common man into a superman communicates "Encouragement". The "Bliss" discourses the presence of people

Amrutha yarshini

who can spread joy with their liveliness. While 'Dignity' explains dignity of labour, 'Integrity' hails the employees who perform their job with integrity.

The author's presence everywhere with an everlasting smile guides us throughout the journey. The sentences marked with accuracy and economy are arranged logically with illustrations, definitions and meanings.

In some articles we come across with exact definitions of certain ideas. 'One who remains stable at emotions without getting instigated by others and replies gently is... 'Divine' (Expression of thoughts page-9), 'the elixir that can make heart alive is love' (Affection page-10), 'Heart is tender warm, sensitive incredible...' (Bliss page-33), 'Having control on the tongue that speaks, eyes that see, ears that listen, skin that feels, nose that breaths and reining the heart that responds to the impulses caused by these senses is called Endurance' (Endurance page- 68) are a few to mention.

Similarly, the meanings of words are focused in new dimensions and slight difference between the words is specified. Words like natural beauty, acquired beauty, true beauty, weak personality, lethargic personality, diplomatic personality, dynamic personality, admiration, adoration, objective vision, wicked vision, fore vision are

elucidated.

On reading 'Amrutha Varshini' both in Telugu and English I felt equally elated. This means that the translation by Maheshwari is equally effective. Though it seems to be compressed in some articles, the translation is meticulous.

A series of thoughts not only to be tasted but also to be digested to evolve a way of appreciable life. One is rightly inspired to mould his way of thinking in a different perspective. In fact, we are made by our thoughts which need to be cared about, thoughts live and travel far!

Hyderabad 22-06-2017

AN INSPIR

AN INSPIRATION TO YOUNGER GENERATION



Dhruva Tej Vemula

Benjamin When read Franklin's autobiography last year, I was inspired by one particular detail. At age 20, he created a list of virtues he must practice to guide his actions and develop his character. For the rest of his life, he would look at this list every day and try to apply them in everything he did. Those virtues of temperance, silence, order, resolution, frugality, industry, sincerity, justice, moderation. cleanliness, tranquility, chastity and humility served him well; he was one of the founding fathers of the United States and a legendary scientist, inventor and philosopher.

Inspired by that, I've been trying to come up with my own set of such ideals by taking notes from biographies, reading self-help books and

talking to people. When I was recently given a copy of Amruthavarshini, I was pleasantly surprised. The book has exactly what I was looking for!

To me, there are two kinds of people in the world - thinkers and doers. I prefer to seek advice from the doers. Why? Most often, thinkers explain concepts in the abstract while doers give direct, practical advice. In this day and age, where people have shorter attention spans, practical advice is immensely useful. And Amruthalatha garu is definitely a doer - her life and career will tell you that

In this book, Amruthalatha garu picks a set of topics and offers crisp, practical advice on each of them. She doesn't pick grand, ambitious topics - she picks simple, little things that we can work on in our day-to-day lives. Some of the topics are brilliant - many famous books have not touched upon them. I loved the fact that each topic is concise - never exceeding a page or two - and is backed up with striking examples. Going through them, I found myself directly relating them to events or people in my life and thinking - "ah, this is so true!"

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I wanted to single out a few chapters that I especially liked:

Help: To paraphrase her thoughts on help "Seeking recognition for helping others is just as
bad as not acknowledging the help you have
received from others". This is such a subtle thing
we often overlook - thank you for pointing it out!

Integrity: Some of the examples that are mentioned hit hard! People who don't do their job and pretend to act and cover up are fooling no one but themselves. Integrity is how you act when no one is watching you. It's a quality I deeply admire and it is reinforced beautifully.

Coordination: This topic was particularly relevant for me and I see this happening everyday in the field I work in - software industry. A great leader quickly understands the traits of people in his/her organization and handles them accordingly. How you handle your employees determines the success of your company and business

In addition, some of her thoughts on how youngsters waste time on social media and how some of them use it to abuse others are extremely accurate. As technology becomes even more prevalent, kids need to be taught that Internet is not a mask that you can hide behind and act irresponsibly, it is a tool to learn and become a successful person and a better human being.

Amruthalatha garu has such a strong and magnetic personality - I was always curious what the constituents were that made up that personality. This book gives a peek into her psyche, her principles and the way she sees and deals with the world. As the famous Japanese poet Matsuo Basho said - "Do not seek the footsteps of the wise; seek what they sought". I plan to apply some of the principles in this book in my life. I hope you, dear reader, do too!

Blessed to be chosen for translation



Maheshwari Sanakkayala

It takes conscious effort to learn from personal experiences and wisdom from others. Penning down such life's lessons takes perseverance and thoughtfulness to compile them into a book. Publishing it to serve a big purpose - 'spread goodness' takes an incredible heart. Possessing these exceptional traits, Dr.Amrutha Latha has launched Amrutha Varshini.

I've been a constant believer of the philosophy, 'Live, Love and Learn'

But like many, I wasn't aware of the effective ways. My quest to explore that ended with 'Amrutha Varshini'.

Swiping through each page, reflecting on each article, I understood that this book has a potential to inspire many readers to change their outlook on life. Bringing a positive change in the readers,

I believe, this can help build better communities and thus a better world.

Today as I type this last paragraph of Amrutha Varshini I realize, somewhere in the process of writing, reviewing and editing this book I've evolved as a better person and translating Amruta Varshini has helped me grow. Winding up, hoping reading it has the same impact.

I'm humbled to have my debut work been reviewed and appreciated by Chintapatla Sudershan. I thank for his invaluable time.

I feel blessed to be chosen by Dr.Amrutha Latha to translate this literary masterpiece, 'Amruta Varshini'. I thank you Amrutha Latha, the best person I know and grew up looking up to, for encouraging me to be what I always wanted to be, a writer and trusting that I could really be someday. Also, for giving me this opportunity.

-Maheshwari Sanakkayala

ACKNOWLEDGMENTS



Dr. Amrutha Latha

To have the reputable writer, translator and columnist Chintapatla Sudershan write a review on my work is an honor. His drawing of parallels between my work and Gudipati Venkata Chalam is humbling. I am thankful to Chintapatla Sudershan for taking the time to study, analyze and condense the essence of this book.

Dhruv's epilogue on Amruthavarshini feels like an accolade in itself. I am thrilled that the wisdom in this age old book serves as an inspiration to young minds. I am hopeful that the values this book holds dear will live on in our posterity.

Maheshwari's translation from Telugu to English is supreme! I was a little apprehensive that she might run into a stonewall trying to find the right words in the course of translating it. She proved

me wrong and made it look facile. Thank you, Thank you very much.

This book reached its acme with the paintings of Bali, Mannem Sarada and Merugu Rajendra Prasad for front and back cover pages respectively.

In my attempt to run Vijay group of institutions, my own literary journey was on the back burner for over 20 years, for being ardent admirers of my literary work, for rekindling the love of writing in me, for fighting with me at times to make this book come to fruition, I am thankful to A. Shankar, Kiran Bala and Nellutla Rama Devi.

The most tedious task in publishing a book is the proof-reading. The mistakes and errors in a book often stand in the way of the pleasure it brings. To sift them with care and gently tossing them out requires enormous amount of patience. I am grateful to my dear friends Nellutla Rama Devi, Kiran Bala and A.Shankar. Their help is invaluable.

Days and nights merge into one for our DTP operators Krishna and Madan. The time that they spent on this venture is unforgettable.

For believing in goodness in people, Pedhannayya



Late Sri G.Bhooma Reddy

For her conviction, Pedhakka



Late Padma

For his humanitarinism, For her determination, Chinnannayya



Sri G. Raja Reddy

Chinnakka



P. Chinnamma

For her warmth, Chelli



N.Vijaya

Regardless of what angle I look at; for elevating human values with their distinctive personalities, for being my role models and for inspiring me to write this book...

my dear siblings,

I dedicate this book to you

with love....

-Amrutha

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AMRUTHA VARSHINI

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COMPLIMENT

We, who often nag our employees, find no words to appreciate them at least once in a blue moon, are 'stingy with words'!

'Good'- a small word of appreciation can make an employee forget the tedious efforts he has put in and the painful stress he has gone through all day long.

To our surprise, million words of nagging can't accomplish a work that a single word of appreciation can.

Appreciation works as a boost for employees and children. It revitalizes them and without it they get drained.

Admiring our subordinate is 'appreciation'.

Admiring our superior is 'flattery'.

Small contrast yet huge difference!

(16-11-1994)



SELF CONFIDENCE

We often, sub consciously tend to evaluate people either as too intellectual or dumb.

It's so seldom that we come across people whom once we have under estimated as futile, succeeding in life and whom once we have overestimated as intellect turning out unsuccessful.

It's just not the intelligence that counts but the unceasing commitment and unremitting efforts are the true ingredients of success.

Arthur E.Cooper rightly said, "Your passion for your work is the secret of your success."

A person can't make headway by focusing on clock while working instead working round the clock can do. By dreaming to prosper overnight but lacking efforts, youth is making this nation barren.

"I can do it" is Self-confidence.

"I only can do it" is Pride.

"I can do anything" is Ego.

By holding ego, pride in restraint and going ahead with self confidence youth of this country should steer the nation.

01-12-1994



TIME SENSE

In our day to day lives, people approach us to fulfill their needs. Just because it's their necessity we take our own time to get ready and chat with our relatives while they wait for us.

Not just this, we at times tell them that we're unwell or out of town and relax at home.

It's quite weird that we don't realize that we become restless and grumpy when we approach somebody seeking some help and we face similar bitter situations.

We'll at least live with satisfaction if we can do the needful for people who approach us without wasting their time by letting them wait for us or testing their patience by asking them to visit us later just to show off.

On the other hand, invading others' privacy by visiting them before 9 am or after 6 pm and wasting their time by chitchatting even after our purpose of visiting them is met, is highly inappropriate in this age where time is precious!

(16-12-1994)



SELF-RESPECT

Loving our children and being affectionate comes naturally to us and there's nothing wrong.

But engrossed in that fondness and denying the complaints of others on our children to support them is an absolute obsession.

Nobody will love us until we stop possessing obsessive love on our friends or children.

When someone humiliates us we tend to project that our self-respect is hurt. On the other hand we never make an effort to think that our words shouldn't humiliate anybody nor bother for others' self-respect, surprisingly.

As it is said, "Excess of anything is bad" people who commit suicide being obsessed with self-regard are just impulsive; possess no self-respect.

But then, laying at the feet of people who

-6

demean us and awaiting their concern, being deprived of self-hood is self-deprecation!

Self-respect, self-esteem, self-regard whatever may be the name; all are disastrous when certain limit is exceeded.

So,

One who can control and handle self-respect with good balance can reach great heights in life.

(01-01-1995)



EXPRESSION OF THOUGHTS

We more often than not indulge in some argument with our dear ones or friends and hurt them or ourselves.

If it happens to be our dear ones or friends, it doesn't really matter whether they are hurt or we because later we get a chance to give explanation about what our words actually meant and how they are misunderstood by them. We even apologize if needed.

But while dealing or arguing with strangers, minding every word we speak is very important.

For instance, if we are a public speaker it might sometimes happen that we deliver a lengthy oration and somewhere in the middle we hang on and realize that we had hurt someone. It's then that we realize the importance of right expression of our thoughts.

Some people take it for granted and misuse their words to instigate people.

One who argues getting instigated by others making this world unpleasant is 'Human'

One who tackles his emotions though instigated by others and speaks softly is 'Next to divine'

One who remains stable at emotions without getting instigated by others and replies gently is 'Divine'

Human may not turn divine but an attempt to be next to divine makes this world pleasant.

16-01-1995



AFFECTION

If there is someone in our life to shower love, to share affection, we turn optimistic no matter how pessimistic we were earlier.

There are so many basic needs without which a man can't live but the elixir that can make heart alive is love!

Without our conscious effort we fall head over heels for the one who is not in different while in love or otherwise and shares consistent affection in spite of our weak points with no expectations and no complaints.

In our humdrum lives we often get exhausted and go down in dumps with our problems but then a small gesture of affection though like drop in an ocean gives solace as big as ocean!

Affection isn't a miracle that makes the life simpler yet a magic that makes the journey worth-

while.

If showering affection wholeheartedly is an art then it will be the most adorable, tantalizing and gratifying of all the arts in the world.

Affection that blossoms from bottom of the heart without expecting anything touches the heart deeply and intensely.

There is at least one in our life who takes care of us, who can't tolerate anything that hurts us... Just this thought is enough to give immense delight.

So,

If we can share at least a bit of the love and affection that our beloved ones shower on us to those who anticipate for it then the weaker person becomes strong and the stronger person becomes powerful!.

01-02-1995



BEAUTY

When we see a beautiful person or a beautiful thing or a beautiful scene it influences our heart and unknowingly we try to see it once again. May be again and again! It is a well accepted fact that beauty has immense power to attract.

As we all know beauty can influence, we always try to look beautiful in our day to day lives.

But in that quest if we try to impersonate a teenager at the age of forty or to impersonate forty year old at a teen age it looks very awkward. Both, over doing and neglecting, can cause a hilarious, eccentric impression.

Your natural beauty attracts looks towards you whereas acquired beauty makes looks scatter from you and bad sense of beauty makes eyes go off you.

It's wrong to guess that we can acquire beauty

by exhibiting heavy jewelry or wearing expensive clothes.

For anybody, beauty isn't something that comes by glittering ornaments or flashy clothes.

The true beauty of a person lies in his success and good moral values.

A person, who doesn't sit idle and strives to succeed in any field, touches great heights. He'll gain applaud and attention irrespective of how he looks.

One's wealth, power and beauty bring him only recognition.

His victory brings him glamour.

His moral values bring him respect.

So, it is beautiful to try for things that bring us glamour and respect.

It should be kept in mind that craving for the things that bring us only recognition makes us look awkward.

16-02-1995



SPECIALITY

Few people look special no matter amongst how many people they are in. They become center of attention and attraction of everybody. The reason behind this isn't their physical appearance or the way they have dolled up; it's because of their persona.

If a person doesn't possess any specialty he just becomes one in a crowd. Nobody remembers him in a special way. That's why people try hard to build their own image.

Every single person may have a specialization in any of the varied fields like music, painting, sports, singing etc. Though we specialize in many fields if our behavior is mean, it constantly hurts others.

Specialty should be as natural as fragrance to a flower. It should be hidden undercurrent in an individual's personality and should reflect in all of his deeds.

Though everybody has a unique style in the way they speak, walk and smile very few have a kind of dignity and charm in every step they take which earns them specialty in public.

But if we think we are expert in our field and do not care a damn about others, people will appreciate our specialty in our presence and later backbite.

No matter how many specialties one may possess nobody appreciates a person if not grounded.

For few people, a Crow may seem special amongst a flock of *Koels. It may be the other way round for some others. Everybody will have a specialty in a unique way but the kind of specialty may differ from one to another. Koel may be special in a good way amongst Crows but the same case may differ for a Crow amongst Koels.

That's why, a person shouldn't acquire a specialty which brings him bad name rather one should own a specialty which fetches him good reputation in public.

(01-03-1995

*Koyel: A bird that sings songs.



HELP

We intuitively, push our limits and leave no stone unturned to be renowned as a good individual and to get good reputation in the society.

In this society, where there are people who bite the hand that feeds, knowing that it isn't easy to get a 'good person' image without helping anybody, sometimes we crave to get reputation by helping people in small or big whichever way possible.

If they forget the help we did long ago we tend to say, "I've done so much to them, look they don't even remember!" In public and end up displaying our mediocrity.

Yearning for an enormous recognition for a minuscule work is desire for fame.

Sometimes, we even try to buy status and fame by tossing money. We tend to offer huge contributions to others while on the other hand we don't even care to spend few bucks for people in our close circle. If nobody is recognizing us we don't even bother to feed a pet but if being exposed, we readily shower donations.

Thinking that it is alright even if my people perceive me as a miser but for others I should come across as a King, is thirst for fame.

Sometimes, we donate somebody else's money and crave to get recognition for the same which somebody else rightly deserves. Just because it is not our money and we get to lose nothing, we exhibit a great deal of generosity.

Craving to get rewarded which somebody else deserves even by unethical means is greed for fame.

Actually, people who help with true spirit will not expect any recognition; on the top of it they try hard to keep it to themselves.

Name it anything- desire or thirst or greed for fame, it is a biggest reward one person gives to another if one can help somebody in any way at least occasionally instead of not being helpful at all.

16-03-1995



DEMEANOR

Few people among us have extraordinary intelligence. They own many degrees to write alongside their name. Even then, sometimes with jealousy or hatred they tend to belittle others' individuality without any hesitance.

We may tolerate and forgive when people who don't really know us make rubbish comments but if people who are really close to us backbite and try to spread rumors it will only unpleasantly surprise people who listen and make them dislike their nature. Such people who talk nonsense being unconscious of this fact are truly annoying.

While speaking ill of a person behind his/ her back and good on face displays one's bad demeanor. Speaking good of a person who talks bad about us showcases our good conduct.

Some people can't digest it if people they

know are succeeding in life relatively more than them. So they will eagerly wait for a chance to pull them down with gossips or scandals.

People who can't digest others' success, in an attempt to defame their image try to use paparazzi targeting their personal life to expose secrets. If all these attempts fail they make successful people downhearted with battle of words and draw pleasure out of it.

Something that's more surprising is that 'grown-ups' who pay a lot of attention to gossips about others' personal life don't realize how 'small' they feel inside when somebody does the same to them.

Anyway, praising somebody when in love and demeaning the same person when unfriendly is a testament to our conduct.

One who can hold on to concord even at times of coldness with great demeanor becomes the leader of society.

01-04-1995



HUMANITY

There will be no heart that doesn't get positive vibes while watching beautiful flowers that bloom in various colors with fragrance that spreads wide.

At the same time, one can't hold their heart sinking a little watching those flowers being plucked or smashed.

Of all the gifts God has given to the human race, 'Life' which blossoms like a flower and withers soon is the most precious.

It's so startling to see how a human, who can't even take the pain of a thorn, can gather courage to kill another human being.

Killing or harassing people for monetary benefits or with racial fury or personal grudge and on the top of it defending it perceiving it to be a very common issue and later forgetting about it is a testament to our shamelessness.

Above all, the most amusing fact is that we act as if we don't bother if the murderer is a kin to us and we overact when the victim belongs to us.

On the flip side, some people do exist who don't usually require arms to assassinate. They use words in the place of bullets to shoot directly into our hearts. People of this kind look soft natured but are in reality harmful than cold blooded murders.

Taking the human form which is considered to be the noblest amongst the whole living species on earth, one should be considerate to others' feelings else he's just a beast in human skin and definitely not regarded as a human being.

For the mankind which is choking with grief and violence, a soothing relief is humanity! If people who can heal the wounds and broken hearts with humanity become leaders of the nation, cruelty in human thoughts will hang in shame and brotherhood will flourish all over.

16-04-1995



ENCOURAGEMENT

In the present day, we could be a CEO or a renowned business tycoon or a celebrated artist or we could have reached great heights in life so easily that when we simply look back we may find our old supportive friends, very low-slung.

We brag that it's all our hard work that we have come along this nicely. We are likely to forget the fact that at times of crisis there was always someone who gave a helping hand and offered a foothold to make our journey easy and rewarding.

We may find it embarrassing or feel that it may bring us into disrepute to strike a conversation with our 'Godfather' who explored the talent in us, encouraged us and gave much needed shot in the arm, back in time, when nobody knows what we are, who we are or what we could possibly be.

Encouragement transforms a common man

into a Superman and will help him to stand on his feet.

People those who deject others to the extent of incapacitating their strength and knowledge are far dangerous than those who refrain encouraging others and remain vapid.

On the other hand, we can tolerate people who don't pay gratitude to ones those who encouraged them but can't take it when we come across people who disregard.

While gratitude makes heart intense, disregard will set heart to ablaze. Right at that moment, though encouragement doesn't expect any favor in return, we feel it is lent to undeserved.

Actually, someone who showcases any tiny spark of talent that somebody has, in public doesn't expect any recognition, gratitude or remuneration rather takes pride in the precious gems he discovered; will then gear up to polish another diamond in the rough.

01-05-1995



PERSONALITY

Our behavior, mentality, composure and the way we speak reflect our personality.

When a problem arises, a person -

Who loses his calm, gets frightened, cries out and seeks others attention is said to possess a 'Weak Personality'.

Who sits back, takes no action and behaves as if that problem isn't bothering him is said to have a **'Lethargic Personality'**.

who tries to resolve the problem and strives to make situation better from worse even if it's beyond his capabilities by taking anybody and everybody's help disregarding his self-respect possesses a 'Diplomatic Personality'.

Who can analyze the nature of the problem, foresee the consequences and isn't scared of trying hard with no fear of losing and the one who makes a headway with a target to reach the goal without expecting anybody's help is

said to have a 'Dynamic Personality'.

While people with weak personality make our society indolent, people with lethargic personality make our society non progressive.

While people with diplomatic personality shamelessly try to be manipulative for their selfish reasons, people with dynamic personality lend their helping hand to lead the society towards its betterment.

Diplomatic people use status, power and even their connections only for selfish reasons whereas dynamic people utilize their abilities solely for the sake of others. Dynamic people if needed will encourage people with weak personality traits and work towards shrinking laziness of lethargic people and selfishness of diplomatic people. In turn they help in making society a better place to live.

A country which has people with dynamic personality all over will become a highflier among all the nations.

16-05-1995



GENEROSITY

We yearn for a ceiling fan while using a hand fan and when we get the ceiling fan we then crave for an air cooler. When we get the air cooler we wish we had an Air Conditioner.

When we reach a saturation point with a thing we bought, we tend to disregard it and lose interest in it eventually. We then long for newer things.

We all are aware of the fact that our brains have so many hidden desires and when one gets fulfilled another arises.

If we reflect and assess, we'll know whether our fulfilled desires gave contentment to us and our family alone or to outsiders as well.

If at least one of our desires can directly or indirectly benefit somebody who isn't related to us in any way, it will give us immense contentment which will last all our life.

It's a well-known fact that we may earn crores but we can't carry a penny after death. Though we are quite aware of this fact we don't make it point to spend at least some share of our earnings for somebody who isn't related to us.

"That gentleman has helped people grow"

"That industrialist has donated all his assets to a school, hospital and for other social causes"

A person's life is worthwhile only when people remark like this when he leaves this world forever instead of passing comments like,

"He left many properties and cars for his son"

"She left huge bank balance and assets for her daughter to inherit."

To a person like that the entire world offers tribute.

(01-06-1995



APPRECIATION

While congratulating someone who achieved something showcases benevolence, remarking that they could only do it through illicit means demonstrates envy and mean attitude.

There can be nothing more shameful than being envious about somebody. If we're envious about somebody it means that we're subconsciously agreeing that we're inferior to them.

A person, who has competitive nature, tries to broaden his horizons without being jealous about his competent but will never make cheap comments which exhibit his mean attitude.

Appreciation can be expressed sensitively, emotively, forthright, verbally to the intended person solely or can be voiced at a huge gathering by showering praises. While the former type, touches one's heart and gives him delight, the later causes sort of uneasiness if

the person is not really interested in public attention.

Recognizing the spark in a person when he is nobody and felicitating him shows organizers noble, selfless, generous nature. On the other hand, felicitating him expecting some favor when he's in good position is called buttering up.

Devoid of envy if we can convey our appreciation without trying to butter up, through a simple smile or a subtle look or a thoughtful word, the person who accepts it will gear up to achieve another wonder with more enthusiasm.

16-06-1995



SHOW

'Display' shows an individual's existence and talent. It voices who he is and what he is good at.

If there's no display one's talent goes unrecognized. We'll not be able to distinguish a gem from a stone. It becomes difficult to understand how to carve a stone and where to preserve a gem.

Though display is quite essential, displaying assets inherited from ancestors to attract public attention must be perceived as a setback to one's individuality.

We often come across instances where ruling party puts in efforts to organize a huge rally better than the one an opposition party organized just to show off their capability. It is quite usual for our ruling and opposition parties to get upset when people don't turn up for their rallies and to be excited when a huge crowd

gathers.

It's a mistake to think that people are responding in a positive or a negative way to their policies by assessing the number of people gathered for a rally. The number of people who turned up a particular party's rally is not important. People will only remember how well the party ruled without any injustice. People can bring down the government with their power of vote when required. If we can make a note of all this and behave accordingly no matter we are in ruling party or an opposition a lot of public money doesn't go wasted in the name of public shows and rallies.

If the display shows off the hidden talent then we should encourage it but we should refrain if it exhibits disability.

01-07-1995



BLISS

Company of some people makes us lose track of time; ages transform into seconds! We feel like meeting them every so often. Their presence uplifts our spirit, revitalizes and adds a tinge of bliss to our life likewise their absence makes us incomplete, feeble, downhearted, dispirited and spineless!

There are some others, the so called busy people... they wish they had 48 hours a day because 24 hours won't suffice their work schedules. They are unlucky people as they cannot make enough time though they deep down wish they could.

Their heart throbs for someone who would say, "If I had a magic wand I would pull you out of your routine life, take you to a dream land, make you touch the heavens, shower you with happiness, love, ecstasy and then drop you back"

At the same time, they frown upon people who always nag, nitpick and make things complicated as if they don't have anything else to bother.

Some people always keep complaining, criticizing, yelling and seem like personification of melancholy! In the company of such people it feels like time is jammed, surroundings are suffocating and still.

The presence of people who can spread joy makes time fly! They need not go places to revitalize. They possess vigor and radiate energy around them; environment which was lethargic till then gains liveliness.

Whose presence can make your surroundings fill with sheer exuberance and absence can make your environment apathetic, is the one in whose company your heart will experience bliss!

Heart is tender, warm, sensitive, incredible.... don't bruise it using abusive words rather nurture this bud in a blissful environment. Let it blossom!

16-07-1995



FREEDOM

Where ever we go, which ever places we see, at the end of the day we wish to come back 'home'!

We have such special fondness for our home. Above all, we have freedom in our home.

Staying awake till 1:00 am... chatting till late night... waking up at 12 in the afternoon... hitting the bed again... eating ice cream after the last sip of coffee... being aloud, dancing like crazy... nothing seems to be an eighth wonder, at home!

But, few unlucky people don't enjoy these privileges. They can't laugh out loud. They have no space for an open one to one. They have no freedom to even cry their heart out!

People, who have got no freedom to eat, laugh, weep and even talk stay uncomfortable in their own house.

Even in the nation's flag people who have no

freedom to eat, laugh, cry, speak find bondage. Their own house feels like an alien place.

Some husbands display their kindness in approving their wives' freedom to work. At the same time they steal away their freedom of spending at least 1/10th part of their earnings ruthlessly.

Here husbands are gold diggers. They don't realise that their wives have a heart which hopes for liberty and on holding back they live like a live corpse and cant share love whole heartedly.

All teeneagers look fresh and lively just like a newly hatched chicks.

For just hatched chicks world looks greener, merrier, precious and easy when looked from the comfort of hen's wings.

Chick which takes baby steps away from it's mother will rush back to lie under the wings of hen scared by even a little sound that it hears. As it gains self confidence as time passes by, it tries to step out of boundaries of mother's affection.

Children find their mother's behaviour trying to protect them every minute like an apple of her eye, annoying.

Girls who become restless thinking, "Why this

over protection? Why don't they trust me and my individuality?", with no knowledge of current conditions take steps forward carelessly, parents end up agonizing about their child being stolen away by some wicked person.

When clash arises between parent's affection and childrens' individuality, children get heart broken and determine to do what they're suggested not to. Parents get tired of childrens' rebellion, rejection. Only forbearance will help hit a balance between both.

Where there is no freedom,

Love disappears

Fear sprouts up

Revolt fires up

Recklessness becomes inevitable.

There's no blessing greater than freedom. That's why not just people and countries but hearts crave and fight for freedom.

Only those hands which give this blessing,

can eliminate impassiveness and improve interest in life

can spread delicate blossom of love across world.

01-08-1995



OPTIMISM

For our livelihood we choose to take up a job or run a business. Some people among us work day in and out but they don't get compensated enough for their hard work. Some others don't work really hard but they get paid more.

We come across people who succeed in every field they step into. We envy them for possessing Midas touch. We also cross paths with people who fail to achieve all that they try. We insult them for carrying bad luck as if they turn gold to clay.

Not just people who never had experience in any field but sometimes people who succeeded in many fields too face terrible situations unexpectedly. We call it luck when somebody's life like this gets better all of a sudden and tag it bad luck when someone's idyllic life takes a bad turn. When something we wished happens we think that God is being kind to us and our prayers are answered on flipside when a mishap takes place we assume it's our Karma or due to Vaasthu flaw. But we don't gather guts to agree that the reasons of our failure might be lack of experience or inadequate hard work or unreasonable audacity.

We lose hope and collapse in despair for not having children, having a child who's failing in studies, losing loved one, being cheated on, hard earned money being stolen or losses in business.

Self-confidence fades when things expected don't happen or when we don't get things we wished for or when we face failure at every step. Due to raised intolerable stress levels people commit suicide.

But only human has exceptional brains that can actually think, hands that enable one to work.

When birds and animals which are deprived of these are living a blissful life without anybody's support, a human being who is way too gifted than any of the living creature on this planet, committing a suicide thinking that he has nothing

and nobody is foolishness.

Passiveness makes a person incapable.

Despair makes a nation unproductive.

A medicine which can clear all our blues and enlighten our hearts is optimism.

Not trying to have it all to ourselves when someone gives us, we should practice to share it with some other heavy heart.

16-08-1995



TALENT

To Sharukh's acting, Sachin's bating, Bala Subrahmanyam's voice or Sridevi's poise, we get attracted without any conscious effort.

It is because talent is worth recognition we have hankering to become talented in any field.

If we fail to find talent in ourselves we should at least try to appreciate talented people and find happiness in that.

Talent is so powerful to grab public attention so we crave for autographs and admire some people too.

'Admiration' has lost bounds. We can't tolerate if people we admire are criticized or their weak points are pointed out. There are people who abuse or even get into physical fights in such cases. To prove the heights of their admiration some even go to the extent of self-sacrifice!

'Adoration' has no place for selfishness. In

such case, we don't expect love in return from the one we love. We don't try to exhibit our love for them in public. We keep all our love for them in our heart.

'Attraction' is just like a bubble. We can't guess when it bursts and loses its existence. We may dislike someone we once liked so much. When we like them we think they are perfect but when we start disliking them we find their flaws alone no matter how much people around us try to convince.

When we are at the peak phase we forget that the lifespan of public attention is limited and if the admirers' self-respect is hurt they easily replace us with someone more talented.

People will certainly turn their back on us if we perceive that they will blindly follow us no matter how we behave or what we do.

If we act like some heavenly species, good at everything and think that we possess talent that nobody can acquire then the people we consider to be talentless will unite to exhibit their talents and stand as an eye opener for us.

01-09-1995



VISION

While travelling in a train or a bus we get to see some picturesque scenery. We find kids travelling with us roaring with excitement, "Wow, that rabbit is so adorable" at the sight of rabbit running prettily in between shrubs. At the same moment, we also see some people commenting, "Who! Rabbit's dish will be delicious." At the sight of same scene we find a set of people reacting in one way and another bunch of people differently which reveals their perception.

In some people's deeds we can notice the firm perception they possess. They work with lot of dedication and get absorbed in work. It doesn't travel till their brains when somebody talks to them. They live in a completely different world. All they think about is work and they almost forget the external world. Even if people try hard in multiple ways their concentration will remain

focused. People of this kind find their way into an art form and excel as artists.

Some others can quickly grasp the on goings around while still working as if they have aerial vision. People who can focus on multiple things at the same time can become great administrators. Some people have unsteady vision. They can't focus on any task for more than few minutes. Such people will gain no identity in society as they can't achieve anything great in life.

Few people look at others with wicked vision. They always try to find flaws in others and make a big scene out of it if they find any. People of this kind whose only intention is to find faults are called cynic. There are some other kind of people who possess self-obsessed vision. They wish to see everything only from their perspective and will not be open to other's notions. They never take other's point of view into consideration and are tagged nitpickers.

Observing a person from only one point of view and framing an image of him is called partial vision. One who can perceive a person from every angle without being biased is said to have impartial vision. One who can foresee the

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challenges he's going to face in his work, possesses fore - vision.

One who judges a person just by his attire and accent without actually understanding him from the core, is said to have external objective vision. One who can see through a person's heart and understand him inside out possesses perceptive vision.

While one's perceptive vision symbolizes his mental maturity, his objective vision is a sign of his beauty consciousness. To analyze or review anything one needs impartial vision and to be safe from downturns fore - vision is required.

16-09-1995



DECENCY

Getting to know that a popular actor who shone bright all these days on silver screen is now into politics and is the guest of honor to some function, people rush to the place; few to see how he looks off screen and some others to listen what he's going to talk.

Function starts. Chief Guest adorns the stage and is about to speak. That noisy place suddenly becomes still. The speaker tweaks his throat. People are all ears by now. Youth screams with craze. Watching such a massive crowd that actor turned politician gets overwhelmed and beams with pride. Insane passion to improve the whole nation at once ascends. He abuses that the opposition party members are all dumb, hypocrites and crooks.

His opposition very well knows that the applause from audience gives him euphoric excitement. They wait for him to talk lot of hooey.

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With their claps now and then, they make him go out of his mind.

Gone insane with the attention he's drawing from the audience the politician goes on and on with his speech bitching about the opposition and bragging about his deeds, being unaware of the opposition's trap

Listening to him boasting and making utter rubbish comments audience get impatient and after all the euphoria sinks in, they realize it was a wrong choice to attend that function.

Its sheer bad luck of the audience that the politician is unaware of the fact that the society disregards people who criticize with vulgar lingo in public gatherings.

It is our moral sense if we can stick to endurance in rage and maintain composure in annoyance and it is 'decency' if we can display our dignity in our choice of words, dressing sense and behavior.

Decency and moral sense are analogous to two eyes of a human being. If a man loses one of them he becomes unfit to step into a civilized world in the eyes of society.

01-10-1995



LABOUR

Few people among us feel it is a loss of dignity to take up trivial jobs. They always look for high graded jobs. Even though they don't make an income of a penny they will never work for anything which doesn't match their 'level'. Doing their own stuff will also make them feel embarrassed. Such people, spread across the nation, who don't know the 'Dignity of Labor', deteriorate the economy of the country.

Some people don't work and even tend to lay burden on others. They don't realize their responsibility even after seeing ants which can carry 50 times weight more than their body at an ease. These people, who put lamp in the wind and wait for the God to take care, become burden to the country.

Some others claim that it's their own greatness when something accomplished with collective effort wins acclaim from everybody. If the same

thing ends up in failure they tend to attribute it to somebody else, surprisingly.

Few others work hard and finish work efficiently. Their only flaw is their attitude which makes them think - "If this task is 'mine' I'll work with four hands. But if this task is 'ours' I'll hide both my hands."

It is equally as bad to hide one's strength as stealing someone's effort.

People lying in bed falling ill is a different case but hale and healthy people not trying to work and resting in bed counting stars to while away time are equivalent to dead.

If everybody tries not being frail like a living dead but progress like a lightning, any nation would advance with speed and attain sustainable development.

16-10-1995



DEDICATION

If workers think, "My boss has a happening life- owns a car, lives in a mansion. But my life doesn't change. Why should I work for him who solely reaps profits out of my hard work?!" and stop working with commitment that factory becomes a sick unit.

If investors think, "It's my money, my intelligence. Just because they put in some effort do I have to share my profits with them?!" and don't understand the root of the problem, workers might call for a revolution and get attracted to communist countries.

When socialist organization is set up after the success of socialist revolution, if the workers may start thinking - "Why should I work for others? I'll grow if I work only for myself, what's the benefit I get if I put more efforts for everybody's wellbeing? Why should only I work hard for everybody? I'd better act like I'm working hard", de-motivation sweeps in and any communist system will be uprooted. Going back to square one, democracy will be sought.

If workers' call for strikes and owners for lockout for any reason, be it workers' demotivation, frustration or owners' selfishness, production in country falls and living standards drop thereby development of the country hits rock bottom.

In a country like India where the availability of human resources is very high, there're some people who wouldn't want to work though capable and there're some others who work very hard and become victims of labor embezzlement.

To prevent and control labor embezzlement we have labor unions, social awareness and labor laws in our country. But not making attempts to analyze how human resources in our country aren't used productively is a sign of our irresponsibility.

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If there's laziness and de-motivation, no matter how great any 'ism' is, it will eventually collapse.

Somebody rightly said, "An idle brain is a devils workshop." So one has put his capabilities in use and keeps himself busy to stay away from evil thoughts.

It's only dedication at work which can wipe out all ailments from a person and give him enough strength to create wonders.

(01-11-1995)



INTEGRITY

When the boss is watching some people act as if they do almost all the office work. Till their boss notices them they resort to all possible ways. But once the boss steps out of the office they take a nap.

Some people will make no calls if they have to use their phone but if it's office phone they look around to confirm nobody's watching and talk petty stuff for hours at a stretch.

When there's some personal work on list few people go out in office hours in office car pretending to do some office work and will make it a point to finish personal work on the way.

Trying to use cars and other stuff that one doesn't own, misusing public assets, skipping work with fake leaves, not giving best efforts in

current job are the main reasons why Government organizations are bankrupt and Privatization is sought-after.

Employees who do their job properly with integrity without being over conscious no matter they are monitored or not, are boon to the nation.

No matter if it's a Government organization or a private company, it can make profits and succeed in all aspects only if all the employees work with integrity as if they are founders of the company.

(16-11-1995)



SOLACE

A person,

When knocked down by hard-hitting times, quests for little 'support' to withstand.

When wearied by the mechanical life, seeks 'recreation', even if it is for a bat of an eye.

While suffering with ailments, when down in the dumps because of failures, longs for someone who can embrace and extend 'comfort'.

When we lose someone we are very fond of, a thought that, 'We can never see that person again' dawns on us and grief pours out from heart. When our beloved ones show up it rushes out in the form of tears.

While few people shed tears to pull through the sadness, others repress tears in heart and become steadfast. In those harrowing moments, goggles, which shield our tears and distress from those sadists who enjoy watching us cry, sometimes give far better 'solace' than those acquaintances who strike up conversation with contrived compassion.

On demise of a politician we dislike, it's fine if we can't even pay our condolences to give 'solace' to the family but making cheap comments like, "Thank God! He's dead. End of mishap" or making fun out of it, celebrating it by sharing sweets showcases our sadism.

When our acquaintances lose their beloved ones and sink in depression, our 'condolences' shouldn't carry any hint of humiliation like a hot summer wind that sweeps over instead ought to touch them as a cool spring breeze leaving a 'soothing' impact on the anguished hearts.

01-03-1996



SILENCE

Among people we come across, we find few who are affable, fun loving and out spoken and few others who are calm going, reserved and elegant.

People who stay happy and spread joy attract others where as people who remain in silence keep others at distance.

Sometimes fun loving people unknowingly speak beyond limits and when they realize how their words are misunderstood by others, we find them fall silent and feel embarrassed.

Being silent and reserved in merry making situations and cracking jokes in lamentable times both seem awkward.

Some commit mistakes unknowingly while few others intentionally. If it is without their knowledge elders forgive them kindly. But for the mistakes committed intentionally, some parents tend not to forgive their child nor punish. So they opt to remain in silence.

In such situation if the one who commits mistake is sensitive and guilt conscious then there will be no big punishment he/she deserves than silence.

If the guilty person has careless kind of attitude then elder's silence will be treated as incapability. Such people tend to continue mischief and ruin themselves. They will never improve morally.

In politics, being the ruling party, instead of reacting to the mean comments made by the opposition party to expose rather exhibit their presence or being the opposition party, instead of creating sensational news by expressing opinions on the situations where the ruling party people fight for money, power and position, it would be more dignified to be silent and just reply, "No comments!"

On the other side...Not aptly reacting to rubbish comments, staying calm and tolerating even violence thinking silence is the best weapon, would make some people to perceive it as our incapability and hurt us more badly with their irrational words. That is why; being silent in all cases won't work. Guts to speak your mind and strength to stand up for your words should be acquired.

(16-03-1996



SOCIABILITY

In some people among us, we find skillfulness, sociability, courage which enables them to mingle with any number people and achieve anything with ease. They attract people's attention and will be celebrated like a star.

Few people get nervous when they have to face crowd. When it occurs to them that everybody's eyes are focused on them, they fumble. They choke with some discomfort and they can't convey properly. They always tend to seek somebody's help and get branded as cowards.

When we get to see an unsociable gold medalist left behind at home as a loser and a sociable dumb travelling world we'll be left dumbfounded to realize intelligence and being successful in life don't go hand in hand.

Sometimes when opportunities knock our door if we lack sociability even though we've

Amrutha varshini Contd...

ability and eligibility, we might end up being unlucky.

However, there's nothing wrong in being sociable to get to know things we don't know or to clarify our doubts but to poke nose into other's personal space or to share free advice about their personal stuff will annoy them. Few may express their irritation with remarks like "Mind your business" while others leave subtle hints.

Nevertheless, one who feels awkward, shy and beneath his dignity to do something in life he can't achieve anything. But if one shows sociability when he's supposed to feel awkward like- to borrow money or to walk in to a personal room or to beg, there're high chances of him being disregarded by society.

(01-04-1996)



SYMPATHY

We often get to read articles about deadly diseases like AIDS in newspapers. Be it any disease, its news reporter's job to write articles which educate people and at the same time drive government to take necessary actions before it spreads like wildfire.

Some reporters show unwanted enthusiasm in gathering info about the victims and we see newspapers publishing this sensitive information like victim's name, address in headlines. News reporters should bear in mind that while the victims are having tough time dealing with the disease, it hurts their self-esteem to see such info being published.

It's acceptable even if news aren't stirring empathy in people but it's agonizing if they scare away people from victims and leave victims abandoned.

We lose nothing if we skip parties or seeing neighbors but in a society where deceased people are cremated, if we don't try to bring back life and empathize with people who are suffering with long term chronic diseases, its equivalent to setting fire to them alive.

It leads to undesirable results if we show unreasonable sympathy to everybody. If we have sympathy for a beggar who is healthy enough to work to make ends meet, he'll remain lazy and end up begging all his life.

One who ascribes his hardships and woes to somebody else and blames someone for his bad position, seeking sympathy and help from others, will be labeled all his life for losing selfrespect.

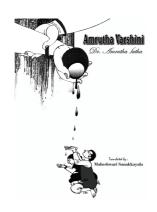
When a politician is murdered we see some obscure politician getting elected due to sympathy votes and many renowned leaders losing. It's surprising to see voters' empathy taking precedence over their common sense.

When any politician speaks out about his loss and sadness he has been through, some people's hearts get stirred with emotions that they get ready to do anything for him to an extent of sacrificing their lives and some others feel that it's a publicity stunt and the sympathy they had for him revokes.

If voters can't make out difference between real tears and purposeful ones and cast their vote influenced by some temporary emotions, they will land in troubles; it's like chopping the branch they're sitting on.

People will be ruled by clean rulers when voters cast their vote valuing contestant's abilities and good deeds without settling for money or liquor.

(16-04-1996)



CONSCIOUSNESS

We sometimes see pictures of scattered dead bodies and severely injured people lying around unconsciously in newspapers when a rail accident or bus accident happens.

It's very unfortunate that in the context of revolutionized communication field, in a hurry to win the competition of broadcasting an accident first, news channels and editors of newspapers don't care enough to censor the violent pictures of the tragedy clicked by photographers who intend to showcase them very naturally.

While death of beloved is so depressing on the other hand it's painful to see uncensored pictures of their dear ones published and broadcasted widely. Not many people are sensitive to the feelings and conscious about the emotions of the relatives. People should give some thought to the subject in question. We come across babbler mouths who keep talking without paying attention to their words. Talking while drunk without consciousness is different from the blabbering in total consciousness without conscious. Be it any type but when crossed limits, people around take charge and say, "Hey! Are you conscious?"

It's very strange that some people aren't conscious about surroundings. Such people don't find it awkward to pick nose or scratch their private parts or burp or spit in public. They do it as if they're quite natural stuff and take it for granted to display in public.

While being conscious about surroundings makes one cautious, lack of consciousness builds disgust in public.

We can tolerate if innocent villagers who are uneducated and ignorant behave in an uncultured way but nation will not forgive highly educated people with good living standards acting in an uncivilized way cracking adult jokes in public with no consciousness of having ladies around.

(16-05-1996)



CRITICISM

If we think that there is nobody to criticize us, we end up considering ourselves as some aliens landed on this planet to change the lives of people or some species superior to the ordinary human race.

In such situations, criticism can become an eye opener and thus can drag us down to earth.

Though criticism helps man to develop, if the sarcasm in the criticism increases then, it demotivates the person and thus hinders the creative growth.

Some people have some prejudice in their mind about others. If that opinion is negative then they criticize them no matter what they do. On the flipside, if that opinion is positive then they certify them as good people ignoring their negative deeds.

But they never look back to find that they were

biased while framing the opinions about others and realize that it's not right to judge people. Also, they fail to self-criticize for the same.

There are very few amazing people around who can explore and appreciate only good qualities of a person though there are plenty of bad qualities in that person to point out. On the other side, there are so many common people around who can criticize by magnifying petty faults of a person though that person carries abundant good qualities.

Some politicians criticize everybody irrespective of the party they belong to, to mark their presence in the society and create a buzz targeting free publicity.

They just want to show up in the news somehow and crave for the popularity they gain by it. Such politicians spare no time for concerns of common man.

It is destructive criticism, to ascribe unnecessary flaws to a person or his literary works and depreciating his fine qualities with an intention to discourage him.

It's a constructive criticism if a reviewer can explain in a witty and sensitive way, how a bad aspect in a literary work pollutes readers mind and how a good aspect can positively influence readers, without hurting respective writers leading them to a progressive path.

While good criticism by unbiased hearts with good intentions helps a man to develop, bad criticism by malicious minds with evil intentions inhibits strengths of a man.

While bad criticism makes a person uninterested or impassive or lethargic or stubborn, good criticism corrects flaws of a person, improvises his character and helps him to make headway.

01-06-1996



ENDURANCE

After taking birth as a human being, everybody will have some or the other trouble. Some people are so strong minded that they don't quiver even for an earthquake while others possess cowardice that makes them panic for trivial problems.

Weak minded people can't conceal their worries and tears. Sulky people of this sort, are so impatient that they feel a need of an outlet else urge to burst out. When a personal matter, revealed in some weak moment, turn out to be a public secret and a subject of gossip, they'll realize the importance of 'endurance'.

Having control on the tongue that speaks, eyes that see, ears that listen, skin that feels, nose that breathes and reining the heart that responds to the impulses caused by these senses is called 'Endurance'!

When distress bursts out from heart, anybody gets teary. As some filmy poet rightly said, tears are extinguishers of fiery heartaches. Even then, we shouldn't ignore the fact that crybabies and impatient people who scream out on others for silly reasons losing endurance are not appreciated by society.

Anger and grumpiness are key enemies of endurance. When anger or anguish crosses line one becomes unaware of his own behavior and turns out to be a lunatic. We usually come across such people who resort to murder, suicide and grow into psychopaths.

That's why, controlling emotions which are about to mess up, suppressing the temper that's on the verge of eruption, holding back tears that are ready to pour out, is healthy and worthy for everybody.

But then, refraining to fight back when somebody's pulling leg on purpose and humiliating, isn't endurance but sheepishness.

01-08-1996



CO-ORDINATION

When an organization is in budding stage one administrator will be sufficient to carry out the operations. But when that organization starts evolving into multiple branches it is required to increase the number of administrators accordingly. If the organization tries to expand without hiring additional administrators, it's a known fact to the graduates of "Public Administration" that, that sole administrator will face work pressure and thereby lose interest in his chores.

During initial days of any organization a sole administrator will be able to handle all the operations but as the time goes by, for easier management power decentralization is needed hence posts like manager, assistant manager, administrative officer, superintendent, accountant will be created.

Every officer will be in charge of his assignment and in turn all the officers will work as a team for that organization's wellbeing.

Senior officers who were with the company right from its inception claim monopoly and can't tolerate juniors' entry and on the flip side juniors can't stand seniors' presence. In situations like this, we notice that company's growth being hampered due to lack of coordination between these officers.

If seniors try to de-motivate juniors or if juniors ignore seniors' advice it will eventually boil down to cold war between them.

Organization's work environment becomes unhealthy when juniors question seniors' experience by asking, "Who are you to teach me? Are you my superior? We're both employees here. We're equals!" And when seniors retort, "That junior who has no knowledge of administration basics, says it's none of my business when I insist something with my experience."

If there's no coordinator in the organization who controls officers who behave unfairly lack-

ing coordination, then the officers and employees part away and administration comes to standstill.

Not being instigated no matter how many people instigate is called Composure.

Controlling people who are instigated is called Coordination.

While the former one is attributed of being poised, the latter is a leadership trait. One who attains these characteristics will become a great administrator.

(16-08-1996)



CURIOSITY

One who is sincere at work and doesn't prefer to take even a day off couldn't come to office for four days at a stretch...

"One who doesn't take leave at all hasn't turned up to office even after four days something might be wrong...should probe the guy next door to explore what's keeping him away from the workplace these days"

The words, "One who doesn't take leave at all hasn't turned up to office even after four days something might be wrong..." express concern whereas, "should probe the guy next door to explore what's keeping him away from the workplace these days" reveals the annoying curiosity of the person.

Being curious to know about wellbeing of others is regarded as benevolence while poking nose into others' space, creating false news and spreading rumors is cruelty.

Some people possess curiosity exceeding to

the extent of picking up personal envelopes of others, reading and discarding them. Apart from blocking the information reaching the intended recipient, these people even discuss what they have read in the letter in public and thus expose their wicked minds.

When curiosity becomes weakness we can only find gossips in the newspapers.

The means of communication that can make a word travel across the globe in very short time without having to spend a penny is Gossip!

Rekha's break up, Daina's divorce, Priyanka's marriage - people can make news out of everything and anything!

When the personal issues are emphasized in the newspapers some readers get curious and inquisitiveness while on the other hand cultured readers find such content very inappropriate and awful.

Curiosity of a person should ignite passion for learning and thus help him to learn new things but shouldn't turn into an ailment.

In the process of overcoming ignorance being curious to learn new things is appreciable but being eager to uncover personal issues of others is unforgivable.

(01-09-1996



CONTENTMENT

It will not take long for a new ambition to sprout in our brains after a thought, "Thank God! I did it. I feel very contented" occurs and we start struggling to achieve it.

Those who dislike ambitious people think, "Why do they juggle with so many tasks? Dreams should have limits. Aren't their earnings enough? Can't they just be contented with what they have? Why do they still have an urge to earn more?"

It's enough to work in just one field if its greed for money; venturing in multiple fields is not essential. We've seen big shots that set us a good example by stepping into different fields like Television, Movies, News papers etc even after being very successful in their core business. Such people will not be contented with a field they're good in. Their yearning to reach incredible heights in life with all their strengths and capabilities is quite obvious in every step they take and every decision they make. Only the zeal they possess and hard work they put in

will give them contentment.

Some officers want everything to be perfect in every task that is done. They won't tolerate any flaw. Such people who can't compromise in perfection to feel contented will not just make their brains sharp but their subordinate's as well.

If we observe people around we find some people who always seem to be contented with life without any complaint. Company of such people will give lot of solace and contentment.

We also find people who always live in gloominess and discontentment as if they're responsible for every mishap in world. Having such people around makes life terrible.

If our company can extinguish discontentment in people, they'll incline to spend more time with us. If our discontentment extinguishes contentment people have, they tend to avoid us.

Contentment is something which can't be clenched in our hand; it just slips through fingers. If there's at least one person in every home who can hold this carefully then we'll be greeted with smiles when we visit them which give us immense happiness and contentment.

(01-11-1996



FAITH

When we have power many people seek our help. We aid some people and keep some others at distance.

It's quite natural to be disheartened when people who gain an identity in the society benefiting from the support we offered, try to backstab us. It's so elegant to not discuss the betrayal though it's much unexpected. Our decency will add up to our assets.

Decent people with lot of tolerance will await a good chance when they face betrayal but will never expose the injustice that has happened to them in public to make a scene out of it.

When a thought of betraying our boss who has helped us to grow at every stage hits us at a weak moment, we recall the trust he has on us and feel ashamed of the thought we had. On the

other hand when we sense that our boss is trying to scan every movement of ours with distrust on us due to bad influence, we get dejected as loyalty is questioned and tend to switch the organization.

Some people are obsessed with insecurity. They wish to maintain secrecy in everything they do. Such people will not make any good friends as they can't trust anybody. Some others are extremely innocent. They trust everybody and share almost everything only to land in troubles.

It's better to learn life's lessons by trusting people though it creates mess sometimes than to lose a great opportunity of befriending good people hesitating to trust them.

16-12-1996



MODESTY

"Rama Rao's daughter is a nice girl; very submissive!"

"Subba Rao's daughter is smart; very modest!"

This kind of comments that we hear in our day to day lives reveal the character of a girl.

If a girl can't perceive the first comment as an insult and second one as compliment it should be considered that she still is immature because submissiveness has a tinge of bondage which makes her tolerate humiliation. People of this kind try to protect respect of others while annihilating their self-respect.

People with modesty are usually pleasant and possess self-respect. This kind of people protects their self-respect and is courteous to others.

Submissiveness and modesty are not just the same. They might be closely associated with each other but they are actually poles apart.

While the submissiveness we show to our elders and managers has coyness, helplessness,

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cowardice and servitude, modesty has selfrespect, maturity and courteousness.

It feels disgusting when guys who are actually born and raised in India, visit India for twenty days' vacation after two years of studies at abroad remark "Gosh! How do I spend another week in India? It's damn hot here", by complaining about pollution and hygiene in India is a show off.

Also, it feels awkward when people brag about their kid's excellence in studies comparing them to their neighbor's kids.

In a nutshell, "Modesty is elegance."

Elegance radiates from the person who shares the credit of his achievements with his pals though he reaches those great heights with his own hard work.

It's vanity to think that he's hero and others are zeros.

It's modesty to acknowledge the value of zeros though he's a hero.

The dignity which modesty brings to a person is unmatched with anything he owns like cars, mansions, degrees and even beauty.

16-03-1996



AUTHORITY

Power is a drug. People who once taste it become addicts to it. They can't live without it. That's why to attain power they go to the extent of doing anything. They instigate emotions of common people. If need arises they beg them.

By his hardships or by some influence or just by chance or people's innocence, when a leader gets the power he longed for unexpectedly, his heart swells with pride.

In the first year of their term they tend to play their cards right to safeguard their power. Party hopping begins as losing majority can shatter government. They lure opposition party leaders.

Thinking, "Why confronting ruling party, joining them we can live peace. If it doesn't win next time we can again hop from this party" party hoppers queue up in front of ruling party's chief. For such people hugs, shawls and shushes come as a package.

In the second year, secret agents sense uprise from all sections of the society and submit this it to the ruling party's chief. The fear of losing his position creates turbulence in his heart. That's when they start developing strategies to put everyone under some kind insecurity so that they can be secure.

In any business, if they find a minor issue, taking it to their advantage and as a basis they try to demolish it using their workforce.

They forget common people and party workers because of whom they got the power. They figure out barking dogs in the party and lure them with bones to shush them. They instigate them and use them to satisfy their rage on opposition.

The moment rulers figure out that their government has no issues in long term survival, they show their true colours. Recklessness increases. It leads to negligence and disorganization. Unannounced emergency prevails.

For people who grew up listening to the stories of Kings where a King shows up on ringing a bell in front of King's palace, it feels strange to find that in a democratic system people's representatives are not available for interviews

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to discuss problems common people are facing.

In the third year of their term, some religion will be befriended to showcase that they're serving people. They shower offerings to some other religion. To some religion they make false promises and push another religion uncertainty.

Advertising one scheme or the other in the news papers every now and then, they deceive people as if they've come to uplift everyone. They publish job notifications for unemployed. At the same time they ensure that these are postponed by asking their followers to file cases in the court.

In the fourth year, when they aren't able to do anything they've promised for the people they try to escape saying that opposition is hindering the progress of anything they're trying to do. They while away time trying to kill the opposition which is already dead.

For their failure they claim that Central government is the cause and picturizes it as demonic. If their government exists in Central too then blame State government.

But people always look for a change. They get frustrated when they get to know that, for which kind of development they did protests, why they wanted government to change, for what they wanted the government representatives to care about them, is all a dream, nil, zero. Losing patience they wait for an opportunity.

Among the rulers, though

There are people who can mesmerize an assembly

There are leaders with leadership legacy

There's cinema glamour which can charm people

In the tsunami of people's fury with moral duty they will all sweep away. Even great leaders will see downfall.

If rulers are not aware that if they always trick people with words, just like how a powerful snake can be bitten to death by ants, all the victims come together to teach them a lesson during elections.

Power will be lost that way. House and office becomes deserted. Followers will disregard and jump to new ruling party. Followers will change the old party's stoles to the new ones.

Rulers who lost their realm sing sorrowful songs.

(01-04-1997)



RESPECT

To the husband who demands, "People in your house don't have manners. I'll not visit any place where I don't get respect. You must not go too."

To a leader who expresses frustration saying, "Do you know the protocol? How come you have printed my name in smaller font on the banner hanged on the stage?"

To the boss who says," I'll trouble those who don't respect me. I'll transfer them to some deserted place like Adilabad forests"

We should understand that they don't really know what respect means.

They don't realize that respect is a dignity that comes unintentionally straight from heart of the people who fall for the personality of others. One can't get respect by commanding. They don't realize that demanding like that is a kind of

begging.

While political field brings wealth, popularity and power, cinema field bings only popularity and wealth.

That's the reason why people from cinema field incline to enter politics. Because these two fields have huge media coverage, common people are crazy about politics and cinema field.

Movie stars who appear in TV often, sports stars, playback singers have huge popularity that when they come out people follow them like crazy.

When such people with tremendous popularity get arrested for involving in drugs or fake currency scams, only then their fans fall back to reality from dream land.

When fans give up thinking, "Did we argue with friends to support people like this because of whom country is losing respect!"

Then understanding that there's a fine line between popularity and respect, people will realise that all those who are popular don't deserve to be respected.

While there are certain things done to show respect as per protocol, there are some others

done to show respect for those who brought name to the country with their talent.

On the occasion of national festivals, leaders accept greetings of respect they get, because of their position, from military and police forces.

When the soldiers who fight for the country without bothering about their lives die, a national flag is wrapped around the corpse as a sign of respect.

To the sports stars who had a wonderful win and made the country proud, their victory is commemorated in riding them on elephant drawn carriage or horse buggy or open top jeep.

We can't buy respect using wealth or position. Respect is a bouquet of love gifted by others who are moved by wonderful talent or selfless service or extraordinary success. That kind of respect is expressed in different ways, if elders by touching feet or by a hug or pat on back if younger.

Some people try hard to find faults in everything others do. They even try to pluck feathers out of egg. Such people find it wrong and as a quality of slavery to touch feet. It is worth giving a thought that these so called socialists who say that all species are equal in this world, claim that legs are inferior to all parts of the body.

Some people easily get good positions by bribing government. The moment they get the position they don't care or respect anybody but expect respect from everyone. People who know how he got that position will respect him with no other choice but not wholeheartedly.

Some great people don't get the respect they deserve on time. They just submit some application to the government when forced by dear ones but don't follow up or bribe government. That's why getting Padma Bhushan, Gnanpeeth awards when they're in death bed or when they're unable to walk or in their nineties which they deserve to get long back makes scholars feel bad.

It is part of showing respect to treat country as a mother and giving shape to that feeling of love as Mother India. It's weird that people who emotionally kiss trees, mountains, lakes, places and even walls of their house with love and respect, criticize homeland.

People of this kind cross limits to question why Mother India should be in sari when there're

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so many attires. This shows their perversions. If they're aware that though there're diverse attires, sari is given precedence over all of them as a mark of unity, they'll not pose such questions.

In any country, only national flag and national anthem gets highest degree of respect from citizens. That's why for them entire nation stands up to pay respect. People who don't respect the national flag and national anthem are not just traitors but undeserving to live in the country.

16-04-1997



LOVE

Some poet quoted 'Love at first sight'

True that we like some people as soon as see them. At that moment we don't know why we like them. May be they are our dream boy or girl or may be we find qualities we're fond of - looks or smartness or beauty in them.

Teenage love is very strange.

When in love, it feels magical.

All that people tell us goes right over our head.

Everything around seems ecstatic. It feels as happy as floating on air.

Love that sprouts from first sight belongs to only our eyes. In long run, we get to know their flaws. It gets difficult to force open eyelids that are shut with a shock that "I loved someone of this kind?" and at last their eyes go into coma.

Wisdom which was asleep till that point wakes up. Knowing what has happened; it feels sorry and thinks, "How have I been without consciousness all this while."

It feels happy that it's wide awake at least now. People who lived until then thinking somebody is their world will fall back to real world. They become conscious about love of parents, siblings and friends.

They will realise that they have lost love of so many people and how many feelings they've hurt, all just to be loved by one person.



Intensity and profundity of love surface only when it fails.

When love fails, no matter what the reasons are,

Thinking, "I wish you well-being" is a testimony to a lover's selfless affection.

Thinking," Affection, love everything is deceptive" shows his dispassionateness.

Thinking, "I'll not come for you or wait for you" shows his detachedness.

Dispassion and detachment will devastate a lover not his love or his girl friend.

While commanding, "You shouldn't talk to anyone except me!" reveals intensity of a lover's love and his possessiveness.

Threatening, "If you aren't mine solely I'll make sure you have no place on earth" and attacking with acid showcases his animalistic attitude. In short, a guy's possessiveness and sadism deprives him of love, his girl friend and at last society.



Instead of spending spiritless life as if skies have fallen down when failed in love, it gives immeasurable contentment and zest if one can shift focus onto society and help people around.

Some poet said that if there's someone for you who can love you for who you are and cry for you in your bad times then that is true bliss and heaven.

True, in any relationship and age, love is a sweet feeling. Love is strength, security, courage and trust. Love is an emotional need, wonderful experience, divine bliss and eternal happiness.

There are people who won kingdoms and left even empires for love. Love can put heart at ease or even cause distress. For whom heart beats, suffering of whom causes heart to thump with fright, with whose happiness heart jumps with joy, whose flaws heart can forgive, in whose sorrow heart offers solace... that divine feeling for someone is otherwise called love.



'Love is blind' said some poet. Not sure if it's valid in case of lovers but it's very true when it comes to mom's love.

Even when her child hurts her badly a mom always loves him. Though her child is wicked she has his back. Reason - the love she has comes straight from her heart and is a blood relation.

In that relationship, not just love but affection multiply million times and overflow in heart.

It's love that evaporates and disappears even when affected by minor heat of anything.

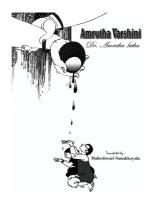
It's affection that rises above all even when forced to sink.

When compared to mom's affection that's as humongous as a mountain any form of other love is as miniscule as a pebble.

That's why any kind of love can't stand equal to mom's affection.

Only mom's love is true, consistent, selfless and eternal.

01-05-1997



RESPONSIBILITY

In these days where we're unable to control, provide security and looking out for support helplessly when a girl is being raped brutally, there is a dire necessity of celebrating the spirit of festivals like Rakshabandhan which spread brotherhood not just one day but every day.

Just because we've had bitter experiences, it's a prejudice to think that love and affection involved in festivals like Rakshabandhan is trash.

Our country which is ablaze with religious indifferences and accentuated by widespread unrest, as if existing problems aren't enough, it's irresponsibility to involve in other religion's traditions and make public statements which instigate restlessness in the society.

Some people get weird thoughts all of a sudden. Whenever there's such thought sprouted in their head, it has become a tradition

to post it immediately on Facebook as if it's a big deal without even considering their impact.

They may be related to nation's security or religious beliefs or one's personal stuff. "With their unreasonable remarks such people derive devilish bliss. Some people don't spare even Bharath Matha, the father of our nation and Nehru's family.

If the behavioral pattern is analyzed, every educated person can understand that ages passed but the mindset of people who used to write filthy things about the character of a girl who rejected them on the college walls and people, who nowadays make unreasonable posts about personal lives of people they dislike on the Facebook wall, are identical.

Anybody can write whatever they like on the walls of their house. Nobody will question or acknowledge it.

But today Facebook wall is the face of the world. Anything that we write on it will be subject to public scrutiny. People will hit like if they like it or will object if they don't but will not agree blindly to anything that we post.

If we don't mind this while posting, such objections will grow and when the intensity of them increases to the extent of hurting us badly we might end up saying, "my post, my choice, if you don't like them un friend me" in our defense.

Posting crude jokes, degrading Balakrishna's, Rahul Gandhi's, Sardarjis' personalities reflects sadist mentality which derives happiness by mocking someone. By sharing and liking such posts we lose respect in the society.

It's alright to not be able to contribute anything good to the society but not heading in a destructive path with posts like this is our least social responsibility.

(16-08-2016)



PATRIOTISM

As much as we need government organizations like 'She teams', 'Bharosa' and voluntary organizations like 'Raksha', 'Help line' to safe guard women from physical abuse, we need a government to protect our country from foreign invasions and terrorism.

We aren't living in a monarchial system to say that 'Common man doesn't need war, it's for rulers'. If we ought to wage war it surely isn't to expand any kingdom.

Among the existing political parties, one that we like or the one don't, no matter whichever is in power, no government will tolerate or stay still when terrorism hits and takes numerous lives. Any government which can't jump into action in such circumstances will not be forgiven by people.

People need security, for which army is required. Any government which can't protect

its army can't protect not just its people but the nation's sovereignty too. Nobody likes war but in such scenarios it becomes inevitable.

If anybody says that 'Patriotism is nothing but a climax for lunatic fringe of war', then suspecting patriotism is also a kind of lunatic fringe.

If we don't have so many countries in this world and if world itself becomes a country then need for wars or army will not arise.

If somebody puts our house on fire we'll not keep calm we will reach out to fire engines and fire extinguishers.

If our neighbor challenges our capacity and capabilities we'll not refrain from showing what we can do.

If somebody ruthlessly kills our children sleeping peacefully after a long day, we don't wait to see how many more they can kill. We'll try and figure out who they are and annihilate them all.

Attacks on women, soldiers, common man, one caste on anther or one religion on another, in any form should be condemned.

(16-12-2016



COURAGE

We come across different people who by nature are brave or cowardly or timid.

While some people have courage some others are extremely brave.

Courage is good at all times but being extremely brave is dangerous.

We can stand a person who isn't courageous but it's very difficult to tolerate people who can bravely do unacceptable things like robbery, sexual harassment and other barbaric acts.

In these days where ladies with no proper financial support are bravely standing up for themselves against domestic violence by husband and in laws, it's strange to find women tolerating all this lacking courage or being scared of society though they are financially independent. A question why do they need to be this obedient compromising their individuality arises.

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Some educated wives behave strangely. Though they work in good positions and earn well, when they like to go to a movie or picnic with friends, they try to convince their husbands through friends and relatives and settle to stay back at home if he doesn't agree. It's quite irritating for others to see them not being able to take a brave decision.

Though courage and bravery are important for a person sometimes being coward also does something good for the country.

In a country where we have traitorous people who come forward bravely to do heinous acts like dropping bombs for money, its cowardly people who can't do such things being scared, are real patriots.

Some gangsters exist who only work to target rich, famous and people having daughters. Most importantly, they wait for some incident to happen in such people's lives. They also tend to attribute irrelevant things to these people and taking law for granted they protest or extort if not possible droop so low to plead.

In situations like this,

Weak-minded people commit suicide. Cowards shell out something to get rid of it. Brave people go ahead like elephants without minding

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barking dogs.

Journalists need stubborn courage to handle awful situations and extract truth out of them.

But when their lens and pens target antisocialists, anarchism prevails and negative thoughts become contagious because of their coverage.

Instead of that if they focus on courage and adventures of jawans who strive for the country very bravely at the cost of their lives in extreme weather conditions overcoming many hurdles or their unaffected patriotism, heroism flourishes in the society and healthy thoughts will spread.

(01-01-2017)



COMMENT

We often come across movie stars, TV actors and politicians, Facebook members who make unreasonable comments on women in movies, TV shows, face book and WhatsApp.

Sometimes we ignore and occasionally we condemn and protest for one or two days and later get back to humdrum of our lives.

Taking this to their advantage, we see people who make such cheap comments shrug off responsibility by faking apologies to escape the danger and play it safe when the heat of the protests reaches them.

Everything goes back to normal in few days. Another blabbermouth speaks some rubbish. One or two incidents like this happen over and over again.

And most importantly, in the pretext of reality shows.

to condemn vulgar comments made by men on women attire,

to slash the movie artists who burst into laughter at the cheap jokes

to take action against people who pass comments to belittle women and their emotions

Women need a plat form. And women should take to that plat form to question such disdainful people.

Without being disinterested in this matter, intellectuals, writers, and cartoonists should display protest, throw satires, and draw cartoons.

While comments of some people who take pride in being tagged as VIP, bring disgrace to their personality, some other's sidetrack society.

Some people's immature comments make them a laughing stock. They put writer's pens and cartoonist's brushes to work. Besides this, comments on their foolishness become viral on social media.

Some people's egoistic, un-thoughtful comments cause harm to the society and importantly, give wrong signs to the youth. They might also trigger anger in women.

That's why; women should display protests and at the same time should find permanent

solutions to this.

To some extent these cheap jokes and comments can be controlled by sending legal notices on behalf of newspapers that stand by women to such people and push them to attend courts, when such incidents happen.

Because of some posts made just to grab attention that contain scornful comments about other's religions, things like feeling intolerant, passing hurtful comments on each other, looking down upon others and later regretting it happens.

In a country with diverse religions and castes, comments that instigate those religions and castes make the country unstable. It is sad that we aren't conscious, thoughtful and responsible about this.

Above all, not just about women but if we make unreasonable comments on a country's security and integrity matters or some religion or caste there's a chance that legal cases will be filed against us for hurting feelings of such country or religion or caste. So we should be aware that the comments we post should have balance and the language used should be decent.

16-05-2017



CHANGE

Some books influence us a lot. They bring many changes to us and our character. Likewise, interaction with some people is very educative and feels enlightening. It helps us to get rid of dark shades of our character.

There're some people who don't care enough to overcome their dark shades and on top of it show off their attitude saying, "I've some predefined opinions. I won't change them for anybody's sake", even when they are aware that their opinion isn't valued in the discussion.

Just like how an unchanged society doesn't progress, an unchanged character too will not be able to put up with the light of fast evolving world and will perish in darkness. In such situations, some people fall into the trap built on prejudice and live in that vicious circle but will not make an attempt to find a way out. They don't make an effort to push their limits in the direction of change.

Dr. Amrutha Latha

Some people don't oversee their kids, thinking, "Our parents were old fashioned. We aren't like that. We're progressive thinkers. We're in sync with changing times. We give liberty to our children "and when the kids reach home drunk in the wee hours, they feel lost. Then they realize that the liberty they gave to their kids who lack self-control has paved way for their deterioration.

There're some conservative thinkers who bind their well grownup children saying, "Our kids are well brought up. They obey everything we say. They're well-mannered and don't belong to this generation at all". They are taken aback when their children escape their oppression seeking liberty.

Sometime back we've learnt from elders that it's wrong to enquire about caste. But now we're tagging our names with our caste, setting up communities based on caste and shamelessly adorning leadership chair.

We who have seen ladies in the past who used to crib that their husbands are addicted to poker, are now seeing ladies are enjoying this game equally with their partners.

We who have once seen wives who complained that their husbands drink and abuse them, are now finding wives who drink and party

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hard very usual.

Sometime ago we used to leave kids at home and go to movies if they are 'A' certified and not meant for kids. But now we're shamelessly watching demean reality shows with our kids at home.

As the saying goes, "Anything too much is too bad", boundless liberty, limitless restrictions both are destructive to children. Parents should be capable enough to properly guide youth standing at a cross road, to choose the right direction of change.

Change is like a tie. When progressive thinkers know when to fasten it and conservative thinkers know when to loosen, as per the necessity, change will take the direction of progression, not retreat.

(01-06-2017)

ABOUT THE TRANSLATOR



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Maheswari Sanakkayala fondly called Ammu is a Software Engineer by profession and lives in Hyderabad.

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Amruta Varshini is her debut translation work and she has won many accolades for her previous publications.